

鄰舍輔導會東欣幼兒園

N1 日程表

時間Time	活動內容Activities
08 : 00 --- 09 : 00	入園 / 健康檢查 / 枱面玩具 Welcoming / Health inspections / table toys
09 : 00 --- 09 : 30	早會、排洗、早餐、閱讀圖書 Assembly / Toilet time / breakfast / books reading
09 : 30 --- 10 : 00	體操、大肌肉活動、抹汗 Physical Fitness
10 : 00 --- 10 : 20	早點 / 排洗 snack time / Toilet time
10 : 20 --- 11 : 20	談話(討論)、新聞分享分組、綜合教學及自選活動 Conversation and Sharing of Everyday life Experiences, Integrated Learning Activities) (學習角、圖工角、假想角、圖書角、枱面及地面玩具、小肌肉練習) Free Play learning corner, Art Work corner, imaginative corner, books corner, table toys, floor toys, small muscle play)
11 : 20 --- 11 : 25	排洗 Toilet Time
11 : 25 --- 12 : 05	午膳 Lunch / 閱讀圖書 books reading / 故事 story time
12 : 05 --- 12 : 30	音樂活動 (唱遊 / 律動 / 敲擊樂 / 音樂遊戲) Music (singing / movement / music instruments / games)
12 : 30 --- 12 : 35	排洗 / Tidying up
12 : 35 --- 15 : 00	午睡 Afternoon Nap
15 : 00 --- 15 : 10	起床 / 排洗 Toilet Time
15 : 10 --- 15 : 40	茶點 Snack Time
15 : 40 --- 16 : 00	(圖工/小食嘗試/集體遊戲/自然科學/環保教育/公民教育) (Art work, self made snack, games, science and technology, self and society
16 : 00 --- 16 : 30	總結 / 排洗 / 抹汗 / 整理幼兒衣服 Tidying-up Activities and Getting Ready to Go Home (conclusion of the day activities)
16 : 30 --- 18 : 00	枱面玩具、卡通時間、放學 Television Time / Table Toys / Dismission

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K1 日程表

時間Time	活動內容Activities
08:00 --- 08:50	入園 / 健康檢查 / 枱面玩具 Welcoming / Health inspections / table toys
08:50 --- 09:25	排洗、早會、早餐、閱讀圖書 Toilet time / Assembly 早會 / breakfast / books reading
09:25 --- 10:25	談話(討論)、新聞分享分組、綜合教學及自選活動 Conversation and Sharing of Everyday life Experiences, Integrated Learning Activities)
	(學習角、圖工角、假想角、圖書角、枱面及地面玩具、小肌肉練習) Free Play learning corner, Art Work corner, imaginative corner, books corner, table toys, floor toys, small muscle play)
10:25 --- 10:50	音樂活動 (唱遊 / 律動 / 敲擊樂 / 音樂遊戲) Music (singing / movement / music instruments / games)
10:50 --- 11:10	排洗 / 早點 Toilet time / snack time
11:10 --- 11:30	興趣活動 Interest activities (圖工/小食嘗試/集體遊戲/自然科學/環保教育/公民教育) (Art work, self made snack, games, science and technology, self and society)
11:30 --- 12:15	排洗、飲水、午膳 Toilet Time / drink water / Lunch
12:15 --- 12:35	睡前故事/排洗 Story time and Tidying up
12:35 --- 14:50	午睡 Afternoon Nap
14:50 --- 15:00	起床 / 排洗 Toilet Time
15:00 --- 15:25	體操、大肌肉活動、飲水、抹汗 Physical Fitness ,drink water
15:25 --- 15:50	茶點 Snack Time
15:50 --- 16:10	興趣活動 Interest Activities (圖工/小食嘗試/集體遊戲/自然科學/環保教育/公民教育) (Art work, self made snack, games, science and technology, self and society)
16:10 --- 16:30	總結 / 排洗 / 抹汗 / 整理幼兒衣服 Tidying-up Activities and Getting Ready to Go Home (conclusion of the day activities)
16:30 --- 18:00	枱面玩具、卡通時間、放學 Television Time / Table Toys / Dismission

鄰舍輔導會東欣幼兒園
K2日程表

時間Time	活動內容Activities
08 : 00 --- 08 : 45	入園 / 健康檢查 / 枱面玩具 Welcoming / Health inspections / table toys
08 : 45 --- 09 : 25	排洗、早會、早餐、閱讀圖書 Toilet time / Assembly 早會 / breakfast / books reading
09 : 25 --- 09 : 55	音樂活動 (唱遊 / 律動 / 敲擊樂 / 音樂遊戲) Music (singing /movement / music instruments / games)
09 : 55 --- 10 : 00	排洗 Toilet time
10 : 00 --- 11 : 05	談話(討論)、新聞分享分組、綜合教學及自選活動 Conversation and Sharing of Everyday life Experiences, Integrated Learning Activities)
	(學習角、圖工角、假想角、圖書角、枱面及地面玩具、小肌肉練習) Free Play learning corner,Art Work corner,imaginative corner,books corner, table toys,floor toys,small muscle play)
11 : 05 --- 11 : 20	早點、排洗 snack time / Toilet time
11 : 20 --- 11 : 50	體操、大肌肉活動、飲水、抹汗 Physical Fitness ,drink water
11 : 50--- 12 : 20	排洗、飲水、午膳Toilet Time / drink water / Lunch
12 : 20--- 12 : 45	排洗/睡前故事 Tidying up and Story time
12 : 45 --- 14 : 45	午睡 Afternoon Nap
14 : 45 --- 14 : 55	起床 / 排洗 Toilet Time
14 : 55 --- 15 : 20	茶點 Snack Time
	興趣活動 Interest Activities
15 : 20 --- 16 : 10	(圖工/小食嘗試/集體遊戲/自然科學/環保教育/公民教育) (Art work,self made snack, games,science and technology,self and society
16 : 10 --- 16 : 30	總結 /排洗 /抹汗 / 整理幼兒衣服 Tidying-up Activities and Getting Ready to Go Home (conclusion of the day activities)
16 : 30 --- 18 : 00	枱面玩具、卡通時間、放學 Television Time / Table Toys / Dismission

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K3日程表

時間Time	活動內容Activities
08:00 --- 08:45	入園 / 健康檢查 / 枱面玩具 Welcoming / Health inspections / table toys
08:45 --- 09:25	排洗、早會、早餐、閱讀圖書 Toilet time / Assembly 早會 / breakfast / books reading
09:25 --- 10:40	談話(討論)、新聞分享分組、綜合教學及自選活動 Conversation and Sharing of Everyday life Experiences, (Integrated Learning Activities)
	(學習角、圖工角、假想角、圖書角、枱面及地面玩具、小肌肉練習) Free Play learning corner, Art Work corner, imaginative corner, books corner, table toys, floor toys, small muscle play)
10:40 --- 10:55	早點 / 排洗 snack time / Toilet time
10:55 --- 11:25	體操、大肌肉活動、飲水、抹汗 Physical Fitness ,drink water
11:25 --- 11:55	音樂活動(唱遊 / 律動 / 敲擊樂 / 音樂遊戲) Music (singing /movement / music instruments / games)
11:55--- 12:25	排洗、飲水、午膳 Toilet Time / drink water / Lunch
12:25--- 12:45	排洗/睡前故事 Tidying up and Story time
12:45 --- 14:40	午睡 Afternoon Nap
14:40 --- 14:50	起床 / 排洗 Toilet Time
14:50 --- 15:15	茶點 Snack Time
15:15 --- 16:10	興趣活動 Interest Activities (圖工/小食嘗試/集體遊戲/自然科學/環保教育/公民教育) (Art work, self made snack, ga
16:10 --- 16:30	總結 / 排洗 / 抹汗 / 整理幼兒衣服 Tidying-up Activities and Getting Ready to Go Home (conclusion of the day activities)
16:30 --- 18:00	枱面玩具、卡通時間、放學 Television Time / Table Toys / Dismission